

March 20, 2010

Irish Games armwrestling tournament

Trac Expo Hall 6600 Burden Blvd Pasco, Wa 99301

Open Right & Left 0-154, 154-176, 176-198, 198-220, 220+

Novice Right & Left 0-154, 154-176, 176-198, 198-220, 220+

Masters 0-198, 198 +, Womens Open, Teens?

Kids 5-6 yrs, 7-9 yrs, 10-12 yrs

weigh ins 10:30-12:30 Start 1:00 pm Kids

Adults \$15 Teens \$10 Kids \$5

Free shirt first 50 adult competitors / awards 1-3

April 24, 2010

Jeffco Expo Armwrestling Tournament

4907 Landes Street Port Townsend Wash. 98368

Open Right & Left 0-165, 165-198, 198 +

Novice Right & Left 0-165, 165-198, 198 +

Master, women's, Kids 5-6 yrs, 7-9 yrs, 10-12 yrs

weigh ins 11:00-1:00 Start 1:00 pm kids

Adults \$15, teens \$10 Kids \$5

Free shirt first 30 adult competitors / awards 1-3

Any questions call - Pacific northwest armwrestling

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beginners always welcome